

|                                                                                                    |           |             | VAULT                                                                                                                                                                                                  | BARS                                                                                                                          | BARS                                        | BARS                                               | BEAM                                           | BEAM                | BEAM                                    | FLOOR             | FLOOR                                                         | FLOOR     |
|----------------------------------------------------------------------------------------------------|-----------|-------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------|----------------------------------------------------|------------------------------------------------|---------------------|-----------------------------------------|-------------------|---------------------------------------------------------------|-----------|
| <br><br><b>NL1</b> |           |             | From standing on 60cm box step down to a board, immediate straight jump to land on 30cm mat, arms start down and behind hips and lift to vertical at peak of jump. Arms forward horizontal on landing. | Grasp LB, hold dish shape for 2 seconds, bent knee swing x 2 with re-grasp (start can be from the floor or board or 20cm box) | Casts x 2 in series (hips off bar in casts) | Roll forward through controlled tuck hang to stand | 4 x walk forwards (point step weight transfer) | Half turn on 2 feet | Straight jump dismount from end of beam | Tuck forward roll | Step into straight jump, immediate rebound into straight jump | Tuck jump |
| Club                                                                                               | 1st Name  | Surname     | 1                                                                                                                                                                                                      | 2                                                                                                                             | 3                                           | 4                                                  | 5                                              | 6                   | 7                                       | 8                 | 9                                                             | 10        |
| Advance                                                                                            | Harper    | Annison     | Red                                                                                                                                                                                                    | Blue                                                                                                                          | Green                                       | Red                                                | Red                                            | Red                 | Blue                                    | Green             | Red                                                           | Red       |
| Advance                                                                                            | Emma      | Caviedes    | Blue                                                                                                                                                                                                   | Red                                                                                                                           | Green                                       | Blue                                               | Red                                            | Red                 | Blue                                    | Red               | Red                                                           | Blue      |
| Advance                                                                                            | Ameria    | Dan-Vippond | Blue                                                                                                                                                                                                   | Blue                                                                                                                          | Blue                                        | Blue                                               | Blue                                           | Red                 | Blue                                    | Green             | Green                                                         | Blue      |
| Advance                                                                                            | Grace     | Dellica     | Blue                                                                                                                                                                                                   | Red                                                                                                                           | Red                                         | Blue                                               | Blue                                           | Blue                | Blue                                    | Yellow            | Red                                                           | Red       |
| Advance                                                                                            | Laicee    | Edworthy    | Blue                                                                                                                                                                                                   | Blue                                                                                                                          | Yellow                                      | Blue                                               | Blue                                           | Blue                | Blue                                    | Red               | Green                                                         | Blue      |
| Advance                                                                                            | Sophie    | Haskara     | Blue                                                                                                                                                                                                   | Blue                                                                                                                          | Blue                                        | Blue                                               | Red                                            | Red                 | Blue                                    | Green             | Green                                                         | Blue      |
| Advance                                                                                            | Zoe       | Hennigar    | Blue                                                                                                                                                                                                   | Green                                                                                                                         | Green                                       | Green                                              | Green                                          | Red                 | Blue                                    | Red               | Green                                                         | Green     |
| Advance                                                                                            | Aria      | Hughson     | Blue                                                                                                                                                                                                   | Red                                                                                                                           | Blue                                        | Blue                                               | Red                                            | Red                 | Blue                                    | Red               | Red                                                           | Red       |
| Advance                                                                                            | Malina    | Wijekoon    | Blue                                                                                                                                                                                                   | Red                                                                                                                           | Red                                         | Red                                                | Blue                                           | Green               | Blue                                    | Blue              | Blue                                                          | Red       |
| Armidale                                                                                           | Charlotte | Hammond     | Blue                                                                                                                                                                                                   | Blue                                                                                                                          | Red                                         | Red                                                | Blue                                           | Red                 | Blue                                    | Red               | Blue                                                          | Red       |
| Armidale                                                                                           | Charlotte | Hollebon    | Blue                                                                                                                                                                                                   | Red                                                                                                                           | Red                                         | Blue                                               | Blue                                           | Red                 | Blue                                    | Red               | Red                                                           | Green     |
| Armidale                                                                                           | Claire    | Johnson     | Blue                                                                                                                                                                                                   | Red                                                                                                                           | Green                                       | Red                                                | Red                                            | Blue                | Blue                                    | Blue              | Red                                                           | Red       |
| Armidale                                                                                           | Aastha    | Pande       | Blue                                                                                                                                                                                                   | Red                                                                                                                           | Blue                                        | Blue                                               | Blue                                           | Blue                | Blue                                    | Red               | Red                                                           | Blue      |
| Armidale                                                                                           | Emma      | Tomes       | Blue                                                                                                                                                                                                   | Blue                                                                                                                          | Green                                       | Red                                                | Red                                            | Blue                | Blue                                    | Red               | Blue                                                          | Red       |
| Armidale                                                                                           | Stella    | Whalley     | Blue                                                                                                                                                                                                   | Blue                                                                                                                          | Green                                       | Blue                                               | Blue                                           | Red                 | Blue                                    | Blue              | Green                                                         | Green     |
| Armidale                                                                                           | Jenty     | Yeomans     | Blue                                                                                                                                                                                                   | Green                                                                                                                         | Green                                       | Red                                                | Blue                                           | Blue                | Blue                                    | Red               | Red                                                           | Blue      |
| Cooma                                                                                              | Laila     | Judd        | Blue                                                                                                                                                                                                   | Green                                                                                                                         | Red                                         | Green                                              | Blue                                           | Green               | Blue                                    | Red               | Green                                                         | Green     |
| Gym Fun                                                                                            | Grace     | Keenan      | Red                                                                                                                                                                                                    | Green                                                                                                                         | Red                                         | Blue                                               | Red                                            | Green               | Red                                     | Green             | Green                                                         | Green     |
| NGA                                                                                                | Lucy      | Britt       | Red                                                                                                                                                                                                    | Green                                                                                                                         | Blue                                        | Blue                                               | Red                                            | Green               | Red                                     | Green             | Red                                                           | Red       |
| NGA                                                                                                | Rory      | Gorkin      | Green                                                                                                                                                                                                  | Red                                                                                                                           | Yellow                                      | Yellow                                             | Red                                            | Yellow              | Green                                   | Green             | Green                                                         | Green     |
| NGA                                                                                                | Millicent | Macnab      | Red                                                                                                                                                                                                    | Red                                                                                                                           | Green                                       | Red                                                | Red                                            | Yellow              | Blue                                    | Red               | Green                                                         | Red       |
| NGA                                                                                                | Aria      | Psaras      | Red                                                                                                                                                                                                    | Blue                                                                                                                          | Green                                       | Green                                              | Red                                            | Red                 | Red                                     | Red               | Red                                                           | Red       |
| NGA                                                                                                | Elsie     | Savage      | Red                                                                                                                                                                                                    | Red                                                                                                                           | Green                                       | Red                                                | Blue                                           | Blue                | Blue                                    | Blue              | Red                                                           | Red       |
| NGA                                                                                                | Tippi     | Soulos      | Red                                                                                                                                                                                                    | Red                                                                                                                           | Yellow                                      | Orange                                             | Blue                                           | Yellow              | Red                                     | Red               | Red                                                           | Red       |

| Club     | 1st Name | Surname         | 1     | 2      | 3      | 4      | 5     | 6      | 7     | 8      | 9      | 10     |
|----------|----------|-----------------|-------|--------|--------|--------|-------|--------|-------|--------|--------|--------|
| NGA      | Ruby     | Souter          | Red   | Green  | Yellow | Yellow | Blue  | Yellow | Green | Green  | Red    | Yellow |
| NGA      | Lacey    | Weir            | Red   | Red    | Green  | Green  | Red   | Green  | Green | Red    | Red    | Green  |
| Ultimate | Josie    | Bassett         | Red   | Yellow | Green  | Green  | Green | Yellow | Blue  | Green  | Yellow | Red    |
| Ultimate | Mayz     | Brooks-Morrison | Red   | Yellow | Yellow | Yellow | Green | Green  | Red   | Green  | Yellow | Green  |
| Ultimate | Grace    | Macpherson      | Green | Yellow | Yellow |        | Green | Red    | Blue  | Yellow | Yellow | Green  |
| Ultimate | Aliya    | Meskanen        | Blue  | Green  | Green  | Red    | Green | Green  | Blue  | Red    | Red    | Red    |