

RELEASE YOUR FREEDOM

SPEED RUN Results Sheet

GrandPrix: #3

Date: 14-Sep-25



DIVISION 1

6-8 YRS				
Placing	Name	Club	Time	Banding
1	Cody Macrae	PCYC Hawksbury	00:39.13	Blue
2	Jesse Ho	SXL Gymnastics	00:41.88	Blue
3	Scarlett Kleine	Sydney Olympic Park	00:46.07	Blue
4	Theo Tan	SXL Gymnastics	00:48.63	Blue
5	James Baker	United Gymnastics Academy	00:52.93	Red
6	Valentino Caoduro	SXL Gymnastics	00:53.46	Red
7	Harper Keeling	United Gymnastics Academy	00:54.07	Red
8	John McQuillan	SXL Gymnastics	00:56.81	Red
8	Fox Oultram	Sydney Olympic Park	00:56.81	Red
10	Clara Unali	South Coast Gymnastics Academy	00:58.56	Green
11	Mason Corcoran	United Gymnastics Academy	01:02.19	Green
12	Flynn Watson	United Gymnastics Academy	01:04.60	Green
13	Hrishu Patel	Sydney Olympic Park	01:23.37	Green
DNS	Fox Smolinski	Manly Warringah Gymnastic Club	DNS	
DNS	Angus Garland	Manly Warringah Gymnastic Club	DNS	
DNS	Lachlan Casali	Sydney Olympic Park	DNS	



DIVISION 2

9-12 YRS				
Placing	Name	Club	Time	Banding
1	Finn Mackenzie	PCYC Hawksbury	00:28.78	Blue
2	Marcello Caoduro	SXL Gymnastics	00:28.83	Blue
3	Thomas Reid	Gravity Gym	00:30.35	Blue
4	Opie Green	South Coast Gymnastics Academy	00:30.90	Blue
5	Harry Lester	Gravity Gym	00:31.43	Blue
6	Noah Griffiths	Manly Warringah Gymnastic Club	00:31.88	Blue
7	John Hayward	Woden Valley	00:33.32	Blue
8	Gilbert Beer	SXL Gymnastics	00:34.28	Blue
9	Zach Beck	SXL Gymnastics	00:34.81	Blue
9	Zoe Papaspyru	PCYC Glebe-Leichhardt	00:34.81	Blue
11	Jordi Ritchie	Manly Warringah Gymnastic Club	00:34.97	Red
12	Zen Peters	Sydney Olympic Park	00:35.03	Red
13	Ameenah Karat	Sydney Olympic Park	00:35.75	Red
14	Mitchell Boyton	South Coast Gymnastics Academy	00:35.84	Red
15	Riley Tan	SXL Gymnastics	00:36.55	Red
16	Liam Sandgren	The Y Bankstown	00:37.10	Red
17	Patrick Crowther	PCYC Glebe-Leichhardt	00:37.12	Red
18	Patrick O'Sullivan	SXL Gymnastics	00:37.15	Red
19	Archer O'Brien	Sydney Olympic Park	00:37.16	Green
20	James Kerr	PCYC Glebe-Leichhardt	00:37.73	Green
21	Emmett Johnston	Gravity Gym	00:37.78	Green
22	Matthew Whitford	SXL Gymnastics	00:37.97	Green
23	Matilda Kathage	Woden Valley	00:39.38	Green
24	Harrison Parr	PCYC Hawksbury	00:39.84	Green
24	Marcus Vaccarella	SXL Gymnastics	00:39.84	Green
26	Mila Stephens	PCYC Hawksbury	00:42.08	Green
27	Ming-Huei Croghan	South Coast Gymnastics Academy	00:45.06	Green
28	Sophie Boler	PCYC Glebe-Leichhardt	01:04.62	Green
DNS	Amy Joie	Sydney Olympic Park	DNS	
DNS	Luke Lazarevic	Manly Warringah Gymnastic Club	DNS	
DNS	Kobi Newman	The Y Bankstown	DNS	
DNS	Benjamin Brogan	United Gymnastics Academy	DNS	

DIVISION 3

13-16 YRS			
Placing	Name	Club	Time
1	Dylan Chiem-Drumm	The Y Bankstown	00:26.66
2	Aydin Chiem-Drumm	The Y Bankstown	00:26.94
3	Sam Kurtz-Willis	Manly Warringah Gymnastic Club	00:27.44
4	Maddox West	Manly Warringah Gymnastic Club	00:28.41
5	Charlie Rodgers	SXL Gymnastics	00:29.77
6	Ryan Kesby	Manly Warringah Gymnastic Club	00:31.35
7	Calleigh Teoh	SXL Gymnastics	00:31.93
8	Cooper Johnston	Gravity Gym	00:32.31
9	Phoenix Sparkes	PCYC Hawksbury	00:32.88
10	Rhys Whiteman	Manly Warringah Gymnastic Club	00:33.62
11	Oliver Iwanski-Moth	The Y Bankstown	00:34.18
12	Callum Rooney	SXL Gymnastics	00:35.09
13	Axel Teoh	SXL Gymnastics	00:35.45
14	Isaac Holding	Sydney Olympic Park	00:37.59
15	Sacha Coward	Sydney Olympic Park	00:37.92
16	Gabriel Clark	SXL Gymnastics	00:38.98
17	Flynn Barlow	South Coast Gymnastics Academy	00:39.82
18	Zeke Thomas	Manly Warringah Gymnastic Club	00:40.44
19	Ethan Badenhorst	SXL Gymnastics	00:41.35
20	Seth Schryver	PCYC Hawksbury	00:46.97
21	Enzo Wooldridge	United Gymnastics Academy	00:54.03
DNS	Felix McMullan	PCYC Glebe-Leichhardt	DNS
DNS	Waunakee McGowan	PCYC Glebe-Leichhardt	DNS
DNS	Josh Rouen	SXL Gymnastics	DNS
DNS	Adam Unwin	The Y Bankstown	DNS
DNS	Andrei Kislov	The Y Bankstown	DNS
DNS	Danson Suwirto	The Y Bankstown	DNS
DNS	Oliver Zdunek	The Y Bankstown	DNS

DIVISION 4

17-20 YRS			
Placing	Name	Club	Time
1	Nicholas Happe	Gravity Gym	00:26.81
2	Abdurahman Abdullah	The Y Bankstown	00:27.40
3	Joel Bitar	The Y Bankstown	00:27.69
DNS	Teana Bourke	The Y Bankstown	DNS



DIVISION 6

26+ YRS			
Placing	Name	Club	Time
1	Kent Felton	Manly Warringah Gymnastic Club	00:22.58
2	Stephania Zitis	PCYC Glebe-Leichhardt	00:31.28
3	Michael Keeling	United Gymnastics Academy	00:41.35



RELEASE YOUR FREEDOM

Freestyle Score Sheet

Grand Prix: #3

Date: 14-Sep-25



INTERMEDIATE

Youth				
Placing	Name	Club	Score	Banding
1	Harper Keeling	United Gymnastics Academy	44.00	Blue
2	Flynn Watson	United Gymnastics Academy	38.00	Blue
3	Mason Corcoran	United Gymnastics Academy	35.00	Blue
4	James Baker	United Gymnastics Academy	34.00	Blue
5	Scarlett Kleine	Sydney Olympic Park	32.00	Red
6	Theo Tan	SXL Gymnastics	30.00	Red
7	Hrishu Patel	Sydney Olympic Park	28.00	Red
8	Jesse Ho	SXL Gymnastics	26.00	Red
8	Valentino Caoduro	SXL Gymnastics	26.00	Green
10	John McQuillan	SXL Gymnastics	24.00	Green
11	Clara Unali	South Coast Gymnastics Academy	22.00	Green
12	Fox Oultram	Sydney Olympic Park	21.00	Green
DNS	Angus Garland	Manly Warringah Gymnastic Club	0.00	
DNS	Lachlan Casali	Sydney Olympic Park	0.00	

INTERMEDIATE

Pre-Junior				
Placing	Name	Club	Score	Banding
1	Patrick O'Sullivan	SXL Gymnastics	45.00	Blue
2	Matthew Whitford	SXL Gymnastics	44.50	Red
3	Zach Beck	SXL Gymnastics	38.00	Red
4	Sophie Boler	PCYC Glebe-Leichhardt	27.50	Green
5	Patrick Crowther	PCYC Glebe-Leichhardt	25.50	Green



INTERMEDIATE

Junior			
Placing	Name	Club	Score
1	Oliver Iwanski-Moth	The Y Bankstown	36.50
2	Seth Schryver	PCYC Hawksbury	35.50
3	Calleigh Teoh	SXL Gymnastics	34.50
4	Callum Rooney	SXL Gymnastics	33.50
DNS	Josh Rouen	SXL Gymnastics	0.00
DNS	Adam Unwin	The Y Bankstown	0.00
DNS	Andrei Kislov	The Y Bankstown	0.00
DNS	Danson Suwirtho	The Y Bankstown	0.00
DNS	Oliver Zdunek	The Y Bankstown	0.00



Advanced

Pre-Junior				
Placing	Name	Club	Score	Banding
1	Noah Griffiths	Manly Warringah Gymnastic Club	45.00	Blue
2	Opie Green	South Coast Gymnastics Academy	44.00	Blue
3	Marcello Caoduro	SXL Gymnastics	43.50	Blue
3	Finn Mackenze	PCYC Hawkesbury	43.50	Blue
5	Harry Lester	Gravity Gym	41.50	Blue
6	Liam Sandgren	The Y Bankstown	41.00	Blue
6	Cody Macrae	PCYC Hawkesbury	41.00	Blue
8	Marcus Vaccarella	SXL Gymnastics	40.50	Red
9	Riley Tan	SXL Gymnastics	39.50	Red
9	Jordi Ritchie	Manly Warringah Gymnastic Club	39.50	Red
11	Zoe Papaspyru	PCYC Glebe-Leichhardt	39.00	Red
11	John Hayward	Woden Valley	39.00	Red
13	Mila Stephens	PCYC Hawkesbury	38.50	Red
14	Gilbert Beer	SXL Gymnastics	38.00	Red
14	Thomas Reid	Gravity Gym	38.00	Red
16	Ameenah Karat	Sydney Olympic Park	37.50	Green
17	Harrison Parr	PCYC Hawkesbury	36.50	Green
18	Emmett Johnston	Gravity Gym	35.50	Green
18	Zen Peters	Sydney Olympic Park	35.50	Green
20	Matilda Kathage	Woden Valley	35.00	Green
20	Mitchell Boyton	South Coast Gymnastics Academy	35.00	Green
22	Ming-Huei Croghan	South Coast Gymnastics Academy	31.50	Green
23	James Kerr	PCYC Glebe-Leichhardt	30.00	Green
24	Archer O'Brien	Sydney Olympic Park	24.00	Green
DNS	Kobi Newman	The Y Bankstown	0.00	
DNS	Benjamin Brogan	United Gymnastics Academy	0.00	
DNS	Amy Joie	Sydney Olympic Park	0.00	
DNS	Luke Lazarevic	Manly Warringah Gymnastic Club	0.00	
DNS	Fox Smolinski	Manly Warringah Gymnastic Club	0.00	

Advanced

Junior			
Placing	Name	Club	Score
1	Axel Teoh	SXL Gymnastics	40.00
2	Cooper Johnston	Gravity Gym	38.00
2	Isaac Holding	Sydney Olympic Park	38.00
4	Charlie Rodgers	SXL Gymnastics	37.50
5	Flynn Barlow	South Coast Gymnastics Academy	35.50
5	Aydin Chiem-Drumm	The Y Bankstown	35.50
7	Gabriel Clark	SXL Gymnastics	34.50
8	Sacha Coward	Sydney Olympic Park	34.00
8	Ethan Badenhorst	SXL Gymnastics	34.00
10	Enzo Wooldridge	United Gymnastics Academy	32.50
11	Zeke Thomas	Manly Warringah Gymnastic Club	24.00
DNS	Ryan Kesby	Manly Warringah Gymnastic Club	0.00
DNS	Felix McMullan	PCYC Glebe-Leichhardt	0.00
DNS	Waunakee McGowan	PCYC Glebe-Leichhardt	0.00

Advanced

Senior			
Placing	Name	Club	Score
1	Joel Bitar	The Y Bankstown	37.00
2	Teana Bourke	The Y Bankstown	33.50

Advanced

Masters			
Placing	Name	Club	Score
1	Michael Keeling	United Gymnastics Academy	34.00

Elite

Junior			
Placing	Name	Club	Score
1	Phoenix Sparkes	PCYC Hawksbury	42.00
2	Dylan Chiem-Drumm	The Y Bankstown	40.50
3	Sam Kurtz-Willis	Manly Warringah Gymnastic Club	37.50
4	Rhys Whiteman	Manly Warringah Gymnastic Club	35.50
DNS	Maddox West	Manly Warringah Gymnastic Club	0.00



Elite

Senior			
Placing	Name	Club	Score
1	Abdurahman Abdullah	The Y Bankstown	42.50
2	Nicholas Happe	Gravity Gym	40.50

Elite

Masters			
Placing	Name	Club	Score
1	Kent Felton	Manly Warringah Gymnastic Club	47.50
2	Harry Gabriel	SXL Gymnastics	39.50
3	Stephania Zitis	PCYC Glebe-Leichhardt	34.00